

EDINBURGH DIVING NEWSLETTER



March 2006

News & information for parents.

Welcome to the March edition of the newsletter. This is the first issue of the year, so there is a great deal of information to catch up on.

Just to remind everyone there are **no classes on Saturday 1 April** due to the GB Masters Diving Championships.

The Development competition held in December proved a great success and we are holding another one on Saturday 10 June. This event is open to Diver 1 & beginner 2's. The Scottish Novice League has changed format this year and is now re-named the National Skills Levels. Divers do not now have to be affiliated to SASA to compete in the first level, as

long as the event is held in Edinburgh. So we will be identifying certain Diver 1's that we wish to compete. Thank you to everyone who has supported the new National Skills Levels competitions at the RCP. We hope you have enjoyed the new format of competition. A more detailed explanation of the levels is further on in the newsletter

The competition calendar is now completed for the year and is at the back of the newsletter.

Next term starts on Monday 17 April with the introduction of the new Scottish Swimming Awards for Diving. We have been awaiting these for over two years now, so they will be a welcome addition. Full details of these and when they will be issued will follow in the next newsletter.

Easter Camps

There are dive camps running throughout the school holidays

Tues 4 – Fri 7 April

Tues 11 – Fri 14 April

Cost. £25.00

Beginner camps 10 – 12 am
2 – 4 pm

Advanced camps 2 – 4 pm

A few spaces still available in some of the camps



Term Dates

Spring Term 2

**Monday 17 April –
Saturday 1 July**

Re-booking

Week commencing 20 March
(for existing business)

Week commencing 27 March
(for new business)

No classes on

**Saturday 29 April &
Saturday 13 May**

Edinburgh Diving Club News

New Members We are delighted to welcome Laurie Clarke, Hannah Fraser & Milo Trainor-Moss to N squad and Amber Foster to J squad. Congratulations to these divers for reaching the standard to join the club. Several more divers have been invited to join J squad and details will follow in next month's newsletter

T Squad Congratulations to the divers who have been selected to join this new talent squad – Fraser Allardice (N squad), Charlotte Briggs (Diver 1), Rebecca Graham (Diver 1), Amy Steele (Westerhailes) and Holly Tinkler (N squad). These divers will be training twice a week with Mary Sless.

National Skills Levels Competition – This new competition replaces the Scottish Novice & Age Group Leagues. Well done to all divers who have competed in the Level 1&2 Competition in February or the Level 3 – 10 Competition in March. We hope you enjoyed the format. Dates of further events are on EDC calendar or Website

Easter Camps The advanced camps are filling up fast. If you are having difficulty booking into an advanced camp because it is full, please phone Mary on 477 8438 and we will try and accommodate.

SASA Registration Forms Please ensure that you have paid your club membership fees and returned your 2006 SASA form to the club secretary, Julia McMillan. You will be unable to compete unless this form has been returned.

Welcome Packs & Squad Booklets Some of the new club members have not yet received these. They give new members important & useful information about the club and how it operates. If you have joined the club and not received either of these, please contact Mary. Apologies for this oversight.



Forthcoming Events

Edinburgh Primary Schools Gala Wednesday 29 March, RCP. 9 – 12pm. Please report to the diving pool when you arrive at the pool. There are 78 divers competing so we need to fill in dive sheets

Scottish Diving Levels Competition Levels 1 & 2. Dundee. No details known as yet.
(There is a possibility this event may move to Edinburgh on Saturday 22 April.)

Northern Cross Diving Championships Thursday 27 – Sunday 30 April. Leeds. Edinburgh are taking part in this Intermediate / Age Group competition. The *provisional* team is as follows:

Niki Bennet	Toby Harris	Gregor McMillan
Callum Rourke	Jenny Sless	Jennifer Currie
Catherine Webber	Ellen Hood	Hannah Burns
Laura Smith	Anna Sless	Grace Reid
Team Manager	Davy Bennet	
Coaches	Mary Sless, Jenny Leeming,	Vicki Tomlinson
Chaperones	Julie Burns, Fiona Rourke	

East District Championships 1 metre competition. Friday 5 May, RCP
Further details to follow.

The 2006 diving calendar is at the back of this newsletter

Reports and Results



The Thistle Trophy – Scotland's National Novice Championships. 9-10 December 2005

Thank you to everyone who helped to make this event such a special occasion. Unfortunately, for the first time since 2001, Edinburgh Diving Club did not win the trophy and were beaten into second place by City of Leeds with a difference of 1 point! Never mind, next year we will win the trophy back. Thank you to all the Edinburgh divers for competing so well. Congratulations to our medallists

Girls 7&U	Gold Silver Bronze	Robin Robeson Nicole Cannon Emily Hill	Boys 7&U	Bronze	Mustafa Yavuz
Girls 12/13	Silver	Ellen Hood	Boys 12/13	Silver	Michael Weir
Girls 14-18	Silver Bronze	Jane Kennedy Sarah Kelly	Boys 14/18	Silver Bronze	Neil Wilkinson Charlie Eyoma Murray

Full results on the EDC website www.edinburghdivingclub.org.uk



Scottish National Novice League, 2005

125 divers competed in the league in 2005, with 11 competitions held in the four diving centres. Congratulations to the medallists, all from Edinburgh Diving Club

Gold	Alana Greig
Silver	Michael Weir
Bronze	Hannah Watson



Scottish National Age Group League, 2005

19 divers competed in the Age Group League, where the divers competed a list of dives from 1metre, 3 metre and platform. Congratulations to the medallists, again all from Edinburgh Diving Club.

Gold	Jenny Sless
Silver	Glenn Robison
Bronze	Gregor McMillan



Black and Blue Trophy , 2005

Yet again, this serious event disintegrated into chaos before the first competitor had even got wet. The referee, having attended the judging course, was well versed on the intricacies of the new FINA rule changes, hoping to add a little gravity to the competition. However, this proved to be pointless, and the audience were treated to a display of amazing moves, (I will leave it at that!) possibly difficult to find on the FINA tariff sheet. As ever, Davy Bennet stunned us with his multiple somersaulting & splatting, but the highlight of the competition had to be Mr. & Mrs Bainbridge, with their remarkably controlled and stylish synchronised diving.

Thanks again to Sarah for organising such a great night



The Armada Cup, Plymouth. 16 – 19 February 2006

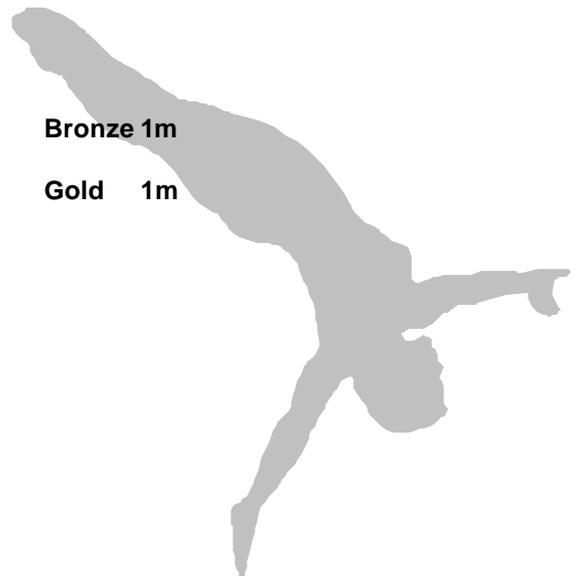
Edinburgh took a team of 10 divers to this Age Group event and we finished in 5th place behind the 4 “super” clubs. This was an excellent result and a big step forward for us. Congratulations to all the divers who behaved so well throughout the weekend.

Thank you to the chaperones, Liz Reid and Lesley Smith for all their help

Finalists listed below: (top 6 divers in finals)

Tom Chambers	-	Gold 3m	Bronze 1m
Grace Reid	Platform 5th	Bronze 3m	Gold 1m
Anna Sless	Platform 4 th		
Catherine Webber	Platform 4 th		
Jenny Sless	Platform 5 th		

Well done to Grace Reid who was awarded “Star of the Trip”





Scottish Diving Levels Competition - (Levels 1 & 2). 25 February 2006, RCP

This was the first event in the new format of competition which has taken over from the Novice League. Edinburgh divers performed very well with Emily Martin winning Gold in the level 1, her sister Olivia taking the silver and Courtney Ross the bronze in the girls event, while Fraser Allardice won the silver medal in the boys level 1. There are no age groups now, and the coaches were very impressed to see how well the younger divers coped with diving against the older ones. Well done to everyone.



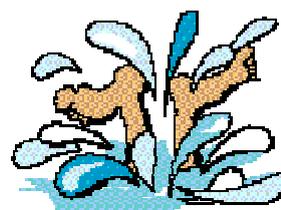
ShIPLEY Novices, Bradford. 4 - 5 March 2006

Edinburgh took a team of 20 divers down to this age group competition. This was quite an inexperienced team and they all performed very well, learning to cope with competing down south with over 200 divers fighting for board time! Unfortunately the party on the Saturday evening did not prove very successful, and we will review the arrangements for next year.

Thank you to our chaperones, Susan Greig, Aileen Tinkler and Caroline Drummond for all their hard work, and also to the other parents who kindly helped us over the weekend

Congratulations to our finalists

Toby Harris	Bronze	Boys 14-18 years
Euan Hunter	4 th	“
Kenneth Drummond	4 th	Boys 8/9 years
Victoria Smart	6 th	Girls 14-18 years



Scottish Diving Levels Competition (Levels 3 – 10). 25 March 2006, RCP

Levels 3 – 10 were held at the RCP on Saturday 25 March. 35 divers participated in what proved to be a good competition. Congratulations to all our medal winners in levels 3, 4, 5 & 9 ... especially Hannah Burns and Victoria Smart who won their competitions for the first time. Full results at the back of the newsletter or on the website.

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**GBDF Spring Masters
Championships**



1-2 April 2006

Royal Commonwealth Pool.

Please come along and support Edinburgh's masters divers



EDC Merchandise

Club Tracksuits

£22.50 - children's sizes

£27.50 - adult sizes

Cheques payable to Edinburgh Diving Club

Club polo-shirts

There are new polo shirts in turquoise or navy with the club logo on the front and Edinburghwritten on the back Please complete the order form at the back if you require one

Peter Smith is leaving the Edinburgh programme at the end of this term. Peter runs the diving programme in Ayr, which is expanding rapidly and now requires more of his time. We are sorry to see Peter go and would like to thank him for all his hard work in Edinburgh. We will still see him at the monthly diving competitions

The armchair coach cannot be with us this month due to the Commonwealth Games in Melbourne. Please keep those questions coming for next month



Tom Chambers has left us for the summer to take part in dive shows in Rome. It is a great opportunity for Tom and we hope he has a brilliant time. His departure was very sudden – he got the phone call on the Friday and flew out to Italy on the Monday. Here is the e-mail he sent on Tuesday

Just on my second day in Italy. Did my first training session today & it was ok. The facility is amazing, its a kind of marine centre with dolphin shows. The diving pool has a huge grandstand, two 3m springboards with the fulcrum stuck on no. 3 and a very high ladder with about 5 boards all the way up to 26 metres. The weather is great. Our apartment is facing the sea as well so it's all very cool. No injuries yet! The name of the place is Zoo Marine, Rome. If anyone in the club is in Italy and wants to come and watch, we can get them free tickets. I'm sure there will be a website if you search for it. I'll keep in touch and try and send some pictures next time.....ciao!



CONGRATULATIONS

- **To Niki Bennet for being selected to dive for GB at the FINA Grand Prix in Madrid**
- **To Tom Chambers for his medals at Armada Cup**
- **To Grace Reid for her medals at Armada Cup**
- **To Toby Harris for his bronze medal at Shipley Novices**
- **To Jenny Sless for becoming Scottish Age Group Champion of 2005**
- **To Alana Greig for becoming Scottish Novice Champion of 2005**